

Career Planning-A LIFELONG JOURNEY



[Missouri Connections](#) is a comprehensive, online, career development and planning program provided free of charge to all Missouri citizens. Funded by the Missouri Department of Elementary and Secondary Education, this program supports the career development efforts of schools, community organizations, and adult job seeker programs. Missouri Connections helps individuals learn about their talents, skills, and interests and make the connection between planning for continued education and the work world.

To request access or inquire if your school or agency already uses Missouri Connections, e-mail [Missouri Connections](#) with your name and school/agency name or call 573 634-0043.

Missouri Connections offers five user Versions (Career TREK, Junior, High School, College and Adult/Agency).

- **CareerTrek** is designed for use with students in grades 3, 4, and 5. It is an interactive, age-appropriate career information system that creates career awareness and connects occupations with the benefit they provide to society. Elementary students gain a self-awareness of what they enjoy, and are motivated to develop new skills. CareerTrek does not include an online portfolio feature where user can save information. 
- **Junior Version** is a suite of academic planning and career exploration tools for middle school students in grades 5-8. Using Junior, students can expand their self-awareness and career exploration, plan for high school, store personal reflections and favorite occupations in a transferable online portfolio. The Junior Version supports reading, writing, decision-making and critical thinking skills. 
- **High School Version** is the next step in career development following **Junior**. Designed for students in grades 8-12, this version provides resources for engaging in life and career planning. Comparable and related information is linked in meaningful ways encouraging students to consider a full range of options in setting goals and developing plans for life after high school. 
- **Adult/College Versions** provide adults and college students with in-depth occupational and educational information to engage in a self-directed career planning experience. Users can connect to postsecondary programs and training opportunities, find scholarships, and research graduate schools. Easy to access and simple to use, users can also create career plans, résumés and learn tips for successful job searches. 