Every student needs a plan for high school and beyond.

The Missouri Department of Elementary and Secondary Education offers a free online system to help middle- and high-school students create a Personal Plan of Study – an education and career plan to guide them as they work toward the goals they set for the future.

A Personal Plan of Study is developed cooperatively with the student, guidance counselor, teachers, and parents or guardians. Each student’s plan should include high school graduation requirements, coursework necessary for the student’s education and career goals and work-based learning experiences. Students can review their plan on a regular basis and update it as their interests and goals grow and change.

A Plan for Success

Research shows that students who have a Personal Plan of Study:

- Have improved motivation, engagement, decision making and personal accountability – characteristics that are seen as essential for success in postsecondary education and the workplace.
- Score higher on standardized achievement tests.
- Have better attendance and fewer discipline problems.
- Are more likely to graduate from high school and attend college or other postsecondary training.

Students with a plan are more likely to succeed every step of the way.

Information and resources

For more information about MyPlan and Missouri Connections, visit www.missouriconnections.org.

For a tool kit with printable posters, bookmarks and information for parents and students visit: www.missouriconnections.org/educators.

MyPlan

Personal Plan of Study

The Missouri School Improvement Program (MSIP) calls for all students to participate in a planning process, beginning no later than 7th grade, to assist in a successful transition to college, technical school, the military or the workforce.

The MyPlan initiative for Personal Plans of Study urges students to work with their guidance counselor, teachers and parents to develop an education and career plan using the Missouri Connections system.

Missouri Connections offers a variety of information and tools that students can use to:

- Determine their skills and interests
- Explore careers
- Search for colleges and training options
- Create an education and career plan
- Keep a record of their grades, school and extra-curricular activities, and work experience
- Create a resume to use when applying for college, other types of training, internships and jobs